



Gators Swim Club

Code of Conduct for Swimmers

This code of conduct ensures that every Gators Swim Club (GSC) team member represents the team and themselves in a positive manner. It is in effect throughout the year and disciplinary action will apply to any team member violating it. As a Gators swimmer, I agree with the following:

Gators swimmers win gracefully, lose graciously, and always congratulate our opponents.

- ✦ I will demonstrate good sportsmanship by being courteous to others regardless of age, race, creed, color, orientation, gender, or abilities, and I can expect the same courtesy in return.
- ✦ I will be respectful of my teammates' feelings, personal space, and property.
- ✦ I will not engage in any unsportsmanlike behavior such as arguing, booing, taunting, refusing to shake hands, using profane language or hostile gestures, or committing acts of vandalism.
- ✦ I will communicate respectfully with coaches, other members of the team, officials, and staff.

Gators swimmers follow the Uganda Swimming Federation's (USF) Safe Sport policies.

- ✦ I will not make any audio or visual recording—including the use of a smartphone—in changing areas, restrooms, locker rooms, or behind the starting blocks.
- ✦ I will make responsible use of social media and will always conduct myself online, in group chats or message apps, in a manner consistent with being a good teammate and representative of Gators.
- ✦ I understand that bullying of any kind—by anyone—is not tolerated and that it will be immediately reported as it is counterproductive to team spirit.

Gators swimmers support a swimming environment that is free of drugs, tobacco/vaping, and alcohol.

- ✦ I will refrain from using or consuming these items, or any other USF banned substance, at team events, meets, or practices, and I can expect adults to do the same.



Gators swimmers.

- ✦ I understand that attendance is essential to experiencing success in the pool. I will attend every practice and meet that I can and will notify my coach if I cannot.
- ✦ I will do my best to arrive on time, prepared, ready to listen and follow directions, eager to train or compete, and have fun.
- ✦ I understand that I am required to wear a Gators team cap and team suit (or other competition suit as approved by my coach) at swim meets.
- ✦ I will abide by the rules of the Elite Swim and Gym and any other facility used by Gators, or other host clubs.

Gators parents.

- ✦ I understand that swimming teaches important life skills such as time management, self-discipline, perseverance, and good sportsmanship.
- ✦ I understand that my parents or guardians will help me learn how to organize my time to be successful both at school and in the pool.

Gators coaches.

- ✦ I recognize that coaches are professionals and will always place the well-being, health, and safety of every swimmer above all other considerations, including developing performance.
- ✦ I will see my coach before and after each race, and I can expect to be treated fairly over the course of a season regarding my meet entries.

Meet officials.

- ✦ I will respect the integrity of swim officials by assuming their decisions are based on honest, objective evaluations of my performance.
- ✦ I understand that only coaches may approach the deck referee to challenge a decision on my behalf.

Violation of the Code of Conduct may result in membership termination.

Revised: 15 December 2023

